



Protect Me With 3+



Video Submission Checklist

Before you submit your video, make sure you check for the following:

FORMATTING

- ☐ My video is no longer than 30 seconds long.
- ☐ My video is saved as an .AVI, .MOV, .MP4, MPEGPS, or .WMV file type.

CONTENT

- ☐ I only discussed **1** of the five vaccine categories in my video (COVID-19, Tdap, HPV, meningococcal ACWY OR flu).
- ☐ I included **3** facts directly from www.protectmewith3.com and didn't use information from other websites in my video.
- ☐ I either said or wrote as text the statement "For more information go to www.protectmewith3.com" in my video.
- ☐ I either said or wrote as text the statement "Create. Educate. Vaccinate. Talk to your parents about getting vaccinated." in my video.

SPELLING & GRAMMAR

- ☐ I checked my spelling and pronunciations of words in my video.
(COVID-19, Tdap, HPV, meningococcal ACWY, influenza/flu)
- ☐ I asked my teacher and/or parent to check my spelling and pronunciations of words in my video.

COPYRIGHT

- ☐ I didn't include any copyrighted material in my video (including copyrighted songs, brand names, or trademarks).
- ☐ I didn't include any copyrighted music or audio. The music/audio in my video is original or royalty free.
- ☐ I didn't use the brand name of any vaccines in my video (example: Gardasil for HPV).

GENERAL

- ☐ My video is in English or Spanish.
- ☐ I didn't use any inappropriate, indecent, obscene, hateful, sexually inappropriate, or defamatory content in my video.
- ☐ I've never submitted this video in a different promotion or contest of any kind.

LAST BUT NOT LEAST...

- ☐ I am submitting my video on or before February 3, 2023.

NOW YOU'RE READY TO SUBMIT YOUR VIDEO!

